



# Parent Enrichment Group

## “Principles of Parenting”

Tuesday Evenings, 5:30-7:00 p.m.



**Location: Southeast Alabama Child Advocacy Center  
110 Harmony Lane, Dothan, AL 36303**

Also offered each night will be a Violence Prevention Group for children ages 3-12.

Session	Date	Topic
1	December 7, 2010	The Challenge of Being a Parent
2	December 14, 2010	Replacing Stress with Peace
*	December 21, 2010	<b>No Class Due to Christmas Holiday</b>
*	December 28, 2010	<b>No Class Due to New Years Holiday</b>
3	January 4, 2011	Building Family Strengths
4	January 11, 2011	Enjoying Each Child as an Individual
5	January 18, 2011	Being Understanding: A Key to Developing Healthy Children
6	January 25, 2011	Sending Messages of Love
7	February 1, 2011	Building a Positive Relationships with Your Child
8	February 8, 2011	Meeting Children’s Needs
9	February 15, 2011	Communication: Building a Strong Bond between You and Your Children
10	February 22, 2011	Something Better Than Punishment
11	March 1, 2011	Anger Management
12	March 8, 2011	Preventing Child Abuse
13	March 15, 2011	Helping Your Children Succeed At Learning

The Southeast Alabama Child Advocacy Center is affiliated with the Alabama Network of Children’s Advocacy Centers, The Children’s Trust Fund of Alabama, and the National Children’s Alliance.

**For more information or to register, please call Kristyn Rouse at (334) 671-1779 or [krouse2@yahoo.com](mailto:krouse2@yahoo.com)**



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Session	Date	Topic
1	June 14, 2011	The Challenge of Being a Parent
2	June 21, 2011	Replacing Stress with Peace
3	June 28, 2011	Building Family Strengths
4	July 5, 2011	Enjoying Each Child as an Individual
5	July 12, 2011	Being Understanding: A Key to Developing Healthy Children
6	July 19, 2011	Sending Messages of Love
7	July 26, 2011	Building a Positive Relationships with Your Child
8	August 2, 2011	Meeting Children's Needs
9	August 9, 2011	Communication: Building a Strong Bond between You and Your Children
10	August 16, 2011	Something Better Than Punishment
11	August 23, 2011	Anger Management
12	August 30, 2011	Preventing Child Abuse
13	September 6, 2011	Helping Your Children Succeed At Learning

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