

**Sign up for all four sessions today and be eligible for a door prize!**

### **Session Dates**

Session 1 January 13, 2010  
9:30 am to 11:00 am  
Session 2 January 20, 2010  
9:30 am to 11:00 am  
Session 3 January 27, 2010  
9:30 am to 11:00 am  
Session 4 February 3, 2010  
9:30 am to 11:00 am

### **Location:**

**Dothan Head Start**

For more information, please contact:

**Southeast Alabama  
Child Advocacy Center at  
334-671-1779.**

E-mail: [krouse2@yahoo.com](mailto:krouse2@yahoo.com)  
[www.southeastcac.org](http://www.southeastcac.org)

## **Attend a 1, 2, 3, 4 Parents! Series**

### **1, 2, 3, 4 Parents! Can Help**

In 4 sessions you can learn step-by-step skills to help you build a stronger relationship with your children.



Our instructors will show you helpful videos and will use fun activities and group discussion to help you learn these skills. This course will show you:

- ◆ Discipline methods that work (Sessions 1-4)
- ◆ How to prevent tantrums and encourage positive behavior (Session 3)
- ◆ Ways to build a loving bond with your child (Sessions 1-3)
- ◆ The best ways to childproof your home (Session 1)
- ◆ How to care for your child at different ages and stages (Session 1)
- ◆ Great ways to care for yourself! (All Sessions)

There is no fee for these classes. This series is funded through a grant from the Children's Trust Fund of Alabama.

**Register by calling  
the Southeast Alabama Child  
Advocacy Center at  
334-671-1779 or  
Amy Spann at  
Abbeville Elementary School at  
585-3679**

**Registrations may also be faxed  
to  
334-677-1767.  
Facilitator: Ivy Capps-Andress, MS  
Kristyn Rouse, MS**

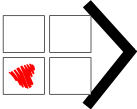
**Name**

**Phone**

**Address**



**SE Alabama Child Advocacy Center**  
P.O. Box 8781  
Dothan, AL 36304



**Is parenting  
your young child  
tougher  
than you  
thought  
it would be?**



**We Can Help!**

The Southeast Alabama Child Advocacy Center is affiliated with the Alabama Network of Children's Advocacy Centers, the Children's Trust Fund of Alabama, and the National Children's Alliance.